

University Of Baghdad	
Alkindy College Of Medicine/ Research Module	
Full name of students:	1- Bara'a Adil Abdullah براء عادل عبد الله 2- Estabraq Majid Hameed استبرق ماجد حميد 3- Sara Qais Mohammed سارة قاسم محمد
Name of Supervisor	Professor Dr. Huda Adnan Habib ا.د. هدى عدنان حبيب
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Abstract	<p style="text-align: center;"><i>Prevalence and Risk Factors Associated with Depression symptoms Among Students in Al-Kindy College of Medicine</i></p> <p>Background: Depression with significant associated morbidity and mortality is one of the most common medical illness worldwide. Medical training is a time when medical students undergo a great deal of mental and emotional distress.⁽⁴⁴⁾</p> <p>Objectives: 1. Identify the prevalence of depression among the medical students in AL-Kindy College of Medicine. 2. Identify any association between depression and class level. Identify any association between depression and some socio-demographic factors.</p> <p>Method: Medical students at all six stages at Al-Kindy college of medicine. a convenient sample of 301 students were selected whom agreed to participate in the current study. Data were collected using a self-administrative questionnaire form. Statistical analysis was done by using SPSS version 17. For sample description, a number and percentage was presented of tables and graphs. chi square was used to describe the association between related variables. P value less than 0.05 was considered statistically significant.</p> <p>Results: The overall prevalence of depression symptoms was 55.48% among students. Year of study, gender and social relationship considered as risk factors for appearance of depression symptoms. There were no significant association between chronic disease and monthly family income. The depression symptoms were high among the first, third and fourth year students with the highest percentage of 19.2%, female students 73.1%, social students 59.9%.with (P value = 0.045 ,0.005,0.005 respectively)</p> <p>Conclusion: depression symptoms were high among medical students at Al-Kindy college of medicine , most of those students are in pre-clinical stage whereas lowest level appear among sixth stage students. further study recommended to compare prevalence of depression symptoms among medical students and students from other colleges.</p>

Module Coordinator

Supervisor Name & Signature

Prof Dr. Huda Adnan